



"HOLDOVER"

"The basic publication has changed; impact on supplemental information is under review by the OPR. Users should follow supplemental information that remains unaffected."

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The office of primary responsibility (OPR) for this supplement is 610 RSG/SV (SMSgt Speece). This supplement implements and extends the guidance of Air Force Instruction (AFI) 10-248/Air Force Reserve Command (AFRC) Supplement (SUP) 1, 26 May 04. It establishes local procedures and requirements. This supplement applies to all personnel assigned to 10th Air Force (10 AF) and 610th Regional Support Group (610 RSG).

This is the initial publication of AFI10-248_AFRC SUP1_10AF SUP1.

1.12.9.4. The commander (10 AF/CC or 610 RSG/CC) or designated representative (10 AF/CVA) will enter the member into the Self-Paced Fitness Improvement Program (SFIP) by memorandum, during the same unit training assembly/individual duty for training (UTA/IDT) in which the member completed the fitness testing.

2.2.5. During Reserve unit training duty time (UTA, IDT and annual tour), personnel will be authorized 1 hour each day to exercise, as mission permits.

3.4. Scheduling. The annual fitness testing will be conducted during the October UTA each year. Reschedules must be approved by the individual's division director (operations division (DO), logistics division (LG), plans division (XP), health services division (SG), 610 RSG/CC and director of staff (CVA) only). Personnel required to test (in addition to the annual fitness testing) due to failure to meet minimum standards will be scheduled by their section's fitness monitor.

4.2.1. All members will complete the Fitness Screening Questionnaire at least one UTA prior to testing.

5.4.1. The 10 AF Fitness Review Panel (FRP) will meet in April and October each year to review members with scores <70 for greater than 12 months. The FRP will consist of the 10 AF vice commander (10 AF/CV), functional director, member's supervisor, fitness monitor, and medical representative.

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Commander